

## **STELLA MARIS CHURCH MINISTRIES**

### **Legion of Mary**

Founded by Frank Duff on September 7, 1921 in Dublin, Ireland, the Legion of Mary is a Catholic Action Group that consists of volunteer lay members supervised by a Priest in order to provide acts of spiritual and corporal works of mercy.

The unit is called a praesidium, named after the title of Our Blessed Mother. We meet on Mondays at 5 p.m. at the Pastoral Centre, Room 3.

- We start our meetings by saying the Five Joyful Mysteries of the Rosary.
- Reading and reflecting on the handbook studies.
- Preparing assignments for visits to the sick and elderly and serving Holy Eucharist to those who request.
- A log book is kept of our activities.
- Ending with Special Prayers for the Beautification of the Servant of God.